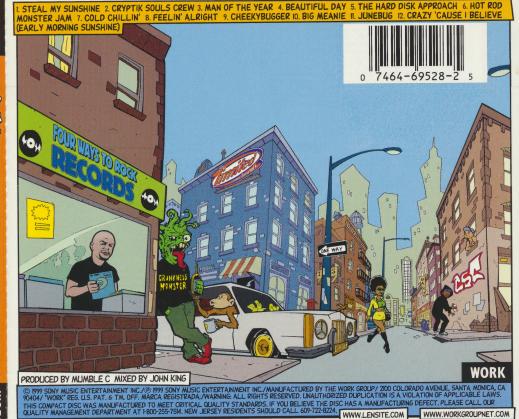


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YOU CAN'T STOP THE BUM RUSH



All songs produced and engineered by Mumble C at Four Ways Studios except, "Cryptik Souls Crew" recorded at Four Ways Studios and Metalworks Studios and additional engineering by L. Stu Young and Graham Brewer, "Beautiful Day" produced by Fisher and Big King, "Cheekybugger" recorded at Adinsound, "Feelin' Alright" engineered by John X at Cherokee Studios. All songs mixed by John King, engineered by Chris Shaw and assisted by Tom Banghart and One On One South except "Junebug" mixed by Tom Banghart and John King and "Feelin' Alright" mixed and engineered by John X at NRG Studios. Mastered by David Mitson at Sony Music Studios. Moka Only aka Ron Contour appears courtesy of Four Ways To Rock Records. Mr. Dilbs appears courtesy of Four Ways To Rock Records. Sharon Riley & Faith Chorale appear courtesy of EM Gospel

1. Steal My Sunshine Written by Marc Costanzo, Gregg Diamond, Published by EMI April Music, Inc./Big Meanie/EMI U Catalog Inc./Buddah Music. Inc./Diamond Touch Productions/BMG Songs, Inc., admin. by EMI U Catalog Inc. (ASCAP) Guitar - Matt Kelly, Stoned dudes - Brendan Canning and Matt Kelly. This composition embodies portions of "More More More" written by G. Diamond, published by EMI U Catalog Inc., Music Resources International, BMG Songs, Gregg Diamond Music, "More More More" performed by the Andrea True Connection, used courtesy of BMG Special Products, 2, Cryptik Souls Crew Written by Marc Costanzo, P. Rae, T. Camillo, Published by EMI April Music, Inc./Big Meanie (ASCAP)/Zella Music (BMI), a div. of Unidisc Music Inc. Performed by LEN and Cryptik Souls Crew: Obe One, Vandal, Abs. Asicks, KNG. Moka Only aka Ron Contour, D-Sisive, Symbolik, D. Rock, Planet Pea aka Kudu 5. Cuts - Buck 65 and Mr. Dibbs, Intro beat - Mr. Dibbs, "Cryotik Souls Crew" contains elements from "Dynomite" performed by Tony Camillo. Under license from Universal Music Special Markets, Inc. "Dynomite" written by T. Camillo, published by Zella Music (BMI), a division of Unidisc Music Inc. "Cryptik Souls Crew" contains elements from "Let's Have Some Fun" performed by The Bar-Kays, Under license from Universal Special Markets, Inc. "Let's Have Some Fun" written by James Alexander, Larry Dodson, Allen Jones, Winston Stewart, Michael Beard, Charles Allen, Harvey Henderson, Lloyd Smith, Frank Thompson. Published by Warner-Tamerlane Publishing Corp. (BMI). Used by permission. All rights reserved. 3. Man Of The Year Written by Marc Costanzo, D. Mackenzie, B. Higgins, Published by FMI April Music, Inc./Big. Meanie (ASCAP), Cuts and intro beat - Mr. Dibbs, Beatbox - Biz Markie 4. Beautiful Day Written by Marc Costanzo, B. Higgins, D. Mackenzie, E. Cavaliere, E. Brigati, Published by EMI April Music, Inc./Big Meanie/EMI Jamaxal Music, Inc. (ASCAP) Guest MC - Biz Markie, This composition embodies portions of "A Girl Like You", written by F. Cavaliere and E. Brigati, published by EMI Music Publishing, "A Girl Like You" performed by John Travolta, used courtesy of RCA Records. 5. The Hard Disk Approach Written by Marc Costanzo, F. Wittholz, B. Canning, Published by EMI April Music, Inc./Big Meanie (ASCAP) Vocals - Felix Wittholz, Keyboard #1 -Brendan Canning 6, Hot Rod Monster Jam Written by Marc Costanzo, L. Creatore, G. Weiss, H. Peretti, B. Gordy, W. Robinson, S. Robinson, M. Glover, Published by EMI April Music, Inc./Big Meanie/Jobete Music Co.

Inc./Abilene Music (ASCAP) c/o Songwriters Guild of America/Sugar Hill Music Publishing/29 Black Music (BMI), Cuts - Mr. Dibbs and Buck 65 "The Lion Sleeps Tonight" @ 1961, Renewed 1989 by George David Weiss, Luigi Creatore and Hugo Peretti. Assigned to Abilene Music (ASCAP) c/o The Sonowriters Guild of America, Sample permission granted by Ahilene Music. Featuring samples from the Grandmaster Flash & Melle Mel recording "White Lines (Don't Do It)," by arrangement with Rhino Records/Warner Special Products. "White Lines (Don't Do It)," written by S. Robinson & M. Glover, used courtesy of Sugar Hill Music Publishing/29 Black Music, "Shop Around" performed by Merryweather and Carey, used courtesy of RCA Records. This composition embodies portions of "Shop Around," written by B. Gordy & W. Robinson, published by Jobete Music Co., Inc. Hot Rod Monster Jam. contains portions of "Do Your Duty" performed by Beat Master Clay, Written by Clay E. Dixon, published by Big Fat Music. 7. Cold Chillin' Written by Marc Costanzo, D. Mackenzie, K. Walker, Published by EMI April Music, Inc./Big. Meanie (ASCAP), Cuts - Mr. Dibbs and DJ Moves, Guest MC - Kurtis Blow. Featuring samples from the Big Daddy Kane recording "Pimpin' Ain't Easy", by arrangement with Warner Special Products, "Pimpin' Ain't Fasy" written by A. Hardy, used courtesy of Third Power Enterprises &

ten by A. Hardy, used courtesy of Third Power Enterprises & Warner/Chappell Music, Inc. "You Gots To Chill" written by E. Sermon & P. Smith and performed by EPMD, used courtesy of Priority Records, Inc. /337 Music Inc. 8, Feelin' Alright Written by Marc Costanzo, D. Mackenzie, S. Costanzo, Michael Bruce, Spencer Lynn Kritgatirick, Published by EMI April Music, Inc. /289 Meanie (ASCAP/Unichappell Music, Inc. (BMI), Guittar solo & slide - C.C. DeVille, Drums - Larry Ciancia, "Feelin' Airght" contains elements from "Let Me Down Easy" performed by Hydra. Under license from Universal Special Markets, Inc. "Feelin' Airght" written by Michael Bruce and Spencer Lynn Kritpatrick, published by UnitChappell Music, Inc. (BMI), S. Cheekybugger Written by Marc Costanzo, Published by EMI April Music, Inc./Big Meanie (ASCAP), Drums - Mike Catano 10. Big Meanie Written by Marc Costanzo, Published by EMI April Music, Inc./Big Meanie (ASCAP), Drums - Mike Catano 10. Big Meanie Written by Marc Costanzo, Grover Washinston Jr.

Published by EMI April Music, Inc./Big Meanie/Jobete Music Co. Inc./Grover Washington Jr. Music (ASCAP) Guitar - Matt Kelly, String arrangement & cello - Suzie Katayama, Viola - David Stenske, 'Big Meanie" contains elements from "Hydra" performed by Grover Washington Jr. Under license from Universal Music Special Markets, Inc. "Hydra," written by Grover Washington Jr., used courtesy of Jobete Music Co., Inc. 11, Junebug Written by Marc Costanzo. Published by EMI April Music, Inc./Big Meanie (ASCAP), Drum sounds - Michael McCarty, Additional musicians: Tom Biederman - trumpet, David Biederman - sax, Andrew Thompson - guitar, Dave Leitad - Rhodes keyboard, Suzie Katavama - string arrangement, cello, Eve Butler - violin, David Stenske - viola 12. Crazy 'Cause I Believe (early morning sunshine) Written by Marc Costanzo, D. Wilson, F. Werner, Published by EMI April Music, Inc./Big Meanie/Old St. Paul Publishing (ASCAP), Spoken word - Moka Only aka Ron Contour, Choir - Sharon Riley & Faith Chorale Choir, Additional musicians: Tom Biederman - trumpet, David Biederman - sax, Andrew Thompson - guitar, Kori Ayukawa - bass, Dave Leitad -Rhodes keyboard, Wilson Laurencin - drums, "Eyes That See" written by D. Wilson & F. Werner, used courtesy of Old St. Paul Publishing.





D-Rock

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